

## Offerings from Brian Keats

### Basic Philosophy behind the talks and workshops:

The Human Being is an incredibly beautiful and exciting enigma. Any interest we may have, once we penetrate behind its facade, lies the mystery of its relationship to the human. Its divine!

### Talks

#### Astronomy/Astrosophy (Star Wisdom)

The Human Being's relationship to the Earth, Planets and Zodiac  
Stars of the Southern Hemisphere  
The Sidereal and Tropical Zodiacs - how can we begin to understand them?  
Cosmogony and Cosmology. World beginnings  
History of Astronomy through the biographies of some of its genii

No prior knowledge or skills in Astronomy needed.

Teaching is done imaginatively with participants using movement, specifically coloured costumes and emulating the planetary and star movements. A star watch with associated Greek and Australian Aboriginal stories may be included.

#### Anthroposophia (Anthropos=Human Sophia=Wisdom)

Human Beings! We are Human but what is our relationship to other beings, what is to be human?

Mysteries of the Self and 'I Am'

Esoteric Science

From Birth through Death, Beyond and Back

The consciousness of our times demands that we wake up, realise what we are and in our shared humanity and spirituality act accordingly.

The esoteric needs to become exoteric! No place for secrets.

#### Education of the Child

Comparative Evolution - Phases of Life and the Evolution of Consciousness

Significance of standing, walking and then talking

In this intellectual world the rights to childhood are under assault – **big time!**

#### Deepening an understanding of Biodynamics.

Universal Forces at work - From elements to ethers to spirit and back

Planting to Cosmic Rhythms.

Gaia in menopause – Time to help the Mother

The Mystery of Life in the Southern Hemisphere. Forces at work in the Antarctic and Australia.

A wealth of material to help towards an appreciation of minerals, plants, animals and the human beings relationship to the world.

*'I look into the world and see my Self*

*I look into my Self and see the world'* – Rudolf Steiner

#### Earthly and Cosmic Nutrition Streams.

We are what we eat or is it we are what we sense?

Towards a deeper understanding of Nutrition and Health

Food for Thought, Love and Action

The processes of nutritional intake and digestion is not as it seems on first glance .... or even the second and third glances. It is indeed extraordinarily mysterious.

With help from the insights of Rudolf Steiner we can restore some wisdom and well being into our family health and personal diets.

### From Gaia to Chiron via Prometheus

Looking at World Evolution through Greek Mythology

These myths help us become conscious of our own soul's life

### Pythagoras in the Light of the Times of Archangel Michael

Life of Pythagoras and the unfolding of World History.

Pharos, the 7th wonder of the Ancient World and changing human consciousness

Pythagoras and Hypatia, beginning and end of an extraordinary era in World History

Our biographies recapitulate World History expressed through great pioneers

### What is Spirit?

The Nature and evolution of Thinking

The Deeds of the Hierarchies

The Human Being as a Seed of the Logos – In the beginning was the Word

Thinking is in itself a spiritual force. Matter is transient – spirit eternal

### The Calendar of the Soul

A wonderful tool for meditation and Self contemplation.

Over the course of a year every week is subtly and potently different in Nature

The Soul has a parallel journey which we can get to know and along with grow

## Workshops

I like to combine science with imagination to investigate the wonders and mysteries of life

### Astronomy and the Human Being

Starwatch with Greek and Aboriginal myths and legends of the night sky

Cosmogony and Cosmology

No prior knowledge or skills in Astronomy needed. Teaching is done imaginatively with participants doing a lot of movement, dressed in specifically coloured costumes (if they are comfortable doing so) and emulating the planetary and star movements.

### The Mystery of Life in the Southern Hemisphere.

Forces at work in the Antarctic and Australia.

You cannot get a true perspective of Australia without a context of Antarctica

### Weather Forecasting.

Long Term and Short Term Weather Forecasting

The 18.6 year lunar cycle, sunspots and long term planetary rhythms

Lunar Rhythms and the atmospheric envelope of the Living Earth

Towards a healing of the Earth Being

Through an understanding of the weather we can gradually come to know, and participate consciously in, the rhythmic life body of the Earth. Gaia can become more than a concept.

### Deepening an understanding of Biodynamics

Carbohydrates, Proteins and Fats

How do we understand them in our diets and in Nature?

Getting to know Limestone, Silica and Carbon

Observations and experiments

Practical workings with alchemy in plant processes

### Sacred Geometry1 - The Solids of Plato

Making and Investigating the 5 Platonic Solids  
Cube, Icosahedron, Octahedron, Tetrahedron and Dodecahedron  
Earth, Water, Air, Fire and the Zodiac  
Universal Laws of Form

No prior knowledge or skills in Geometry needed

### Sacred Geometry2 - Conic Sections

Ellipses, Parabolas and Hyperbolas  
Their relationship to the circle and the Universal Laws of movement.

No prior knowledge or skills in Geometry needed

### Sacred Geometry3 - Projective Geometry

"Wisdom weaves in the Light" This workshop on a little known area of Sacred Geometry takes a look at how laws inherent in the nature of light work into the shaping of space and how we perceive objects in space through our eyes. It can also give us insights into how plants grow and stay true to an archetype.

Exploring the Shape and Boundaries of Space

Delving into Infinity and Stretching your mind!

No previous knowledge of Geometry or Mathematics is required. No measuring is necessary. Emphasis is upon the whole and inter-relationships.

### Sacred Geometry4 - Chestahedron

An exciting new 7 sided equal area form discovered this millennia by Frank Chester and which is intimately related to all of the 5 Platonic Solids.

### The Universal Forces of Light, Darkness and Colour.

Investigating Goethe's theory of colour  
Colour revelations in Nature

Has Practical applications on the farm and in the garden

*Other topics available on request*

### Biography

Brian Keats grew up in Zimbabwe and after leaving Africa traveled extensively. He arrived in Australia in 1976 and has been compiling and producing the annual "ANTIPODEAN ASTRO CALENDAR" since 1985. He is a founding member of Biodynamic Agriculture Australia, has given talks and workshops around the world and taught at Steiner/Waldorf Schools. His interests range from Pythagoras to weather forecasting with specialist areas in naked eye astronomy and the science of the spirit.

### Publications:-

Annual Antipodean Astro Calendar  
Biodynamic Growing Guide  
Betwixt Heaven & Earth (Out of print)

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